

## Program Description

*The first hours following birth are a time of rapid physiologic and psychological adaptation for both the newborn and mother.*

*There is growing evidence that being in skin-to-skin contact makes a significant difference on how these adaptations occur for both mother and baby. Understanding short- and long-term effects of where a newborn spends the first hours after birth may alter our postpartum practices.*

*Milk production is a function of breast anatomy, hormonal and physiologic factors which uniquely impact the mothers of premature infants. We will explore how much milk they make, the risk factors for low production, and how can we help them make more milk.*

*In the late preterm infant, all organ systems may be significantly immature. We will look at the risks for infants who are born 4-6 weeks too soon & will be better able to identify problems early, prevent many serious consequences, and support parents in caring for their late preterm newborns.*

*Finally a review of the Supporting Premature Infant Nutrition (SPIN) Program at UCSD Medical Center: the design, implementation and outcomes of this human milk based nutritional program. Learn how the teams that care for premature infants have worked together to structure a program to improve human milk production, safety and feeding, as well as working on variables of infant nutrition, growth, and outcomes.*

### Registration Fees

Registration includes continental breakfast, lunch, syllabus, and continuing education credit

Prior and up to July 27th                   \$90  
On or after July 28th/at the door       \$100

### Location and Parking

CHLA's Saban Building Auditorium, 4661 Sunset Ave, Los Angeles. Visitor parking is located on CHLA main campus and there is a nominal fee for parking.

### Participant Confirmation and Syllabus

Confirmation by e-mail will be sent to participants providing an e-mail address. No other confirmation will be sent. Syllabus link will be sent via email a few days prior to the seminar.

### Cancellation Policy

Written cancellations received **one week prior** to the event will be granted subject to a \$10 fee. No refunds after this date.

### TARGET AUDIENCE

Physicians, Registered Nurses, RDs, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors and others interested in supporting families in the initiation and maintenance of breastfeeding.

### Participate in the Breastfeeding Task Force of Greater Los Angeles

**Make a contribution:** Your tax deductible contribution helps the Task Force continue the projects that advocate, protect and support breastfeeding.

### Attend a Task Force meeting:

The Task Force meets Quarterly for networking and updates.

### Our Next Meeting:

See our website  
9am–12pm

SLAHP, 2930 W. Imperial Hwy, Inglewood, CA

## Clinical Updates for Health Care Providers

Breastfeeding Task Force of Greater Los Angeles presents:

Featured Speakers:

*Raylene Phillips, MD, IBCLC*

*Lisa Stellwagen, MD, FAAP*

Childrens Hospital Los Angeles  
Saban Building Auditorium  
4661 Sunset Blvd.  
Los Angeles, CA 90027

Date: August 3, 2010  
Time: 9:00 AM to 4:00 PM

Co-sponsored by:  
Childrens Hospital Los Angeles,  
Community Perinatal Network and  
PHFE, NEVHC, & SLAHP  
WIC Programs

## Agenda

9:00	Registration
9:30	<b>Effects of Early Postpartum Skin-to-Skin Contact on Mother and Baby</b>
10:45	Break
11:00	<b>Milk Production in the Mothers of NICU Infants</b>
12:15	Lunch
1:15	<b>The Late Pre-Term Infant</b>
2:30	Break
2:45	<b>Supporting Premature Infant Nutrition; the UCSD SPIN Program</b>
4:00	Adjourn

### Objectives

Following the didactic presentations, participants will be able to:

- Describe how early skin-to-skin contact leads to optimal physiologic stability of the newborn,
- Identify community based and hospital based strategies to maximize milk production in the mother of a NICU infant,
- List short-term and long-term risks of late preterm birth, including breastfeeding failure, and to
- Describe components of premature infant nutrition support.

### Raylene Phillips, MD, IBCLC, MA



Neonatology Fellow  
Loma Linda University Children's Hospital

### Lisa Stellwagen MD, FAAP



Clinical Professor of Pediatrics at UC San Diego Medical School,  
Medical Director of Newborn Service,  
Lactation Director of SPIN Program;  
Neonatology Division at UC San Diego Medical Center

### Continuing Education Credits

offered at no additional charge

**Nurses:** The Community Perinatal Network is an approved provider by the California Board of Registered Nursing. This course offers 6 contact hours of continuing education. CPN's provider number is CEP 14797. Licensee must maintain certificate for a period of four years.

**Lactation Consultants:** The Breastfeeding Task Force of Greater Los Angeles is an approved provider by the International Board of Lactation Consultant Examiners. CERP application will be submitted for 5 L CERPs.

**CHES:** The National Commission for Health Education Credentialing, Inc. designates Los Angeles County Department of Public Health, Health Education Administration (LACDPH/HEA) as a provider of continuing education contact hours (CECH) in health education (Provider number MEP 2460). Certified Health Education Specialists (CHES) may receive up to 5 Category I CECH for this event.

**Registered Dietitians:** maintain a copy of the agenda and certificate for CPEs for their Professional Development Portfolio.

### Registration Form - August 3, 2010

Registration	Price
<input type="checkbox"/> Early Bird up to 7/27/10	\$90
<input type="checkbox"/> General on 7/28 or after	\$100
<input type="checkbox"/> Tax deductible Contribution	\$_____
Total: _____	

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Name

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Job Title

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Company/Hospital

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Billing Address

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Billing City, ZIP

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Email address—REQUIRED TO RECEIVE SYLLABUS

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Phone

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License No

Method of Payment

- Check  
 Visa  
 MasterCard

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Credit Card #

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Exp. date

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Signature

**Register online at [www.breastfeedla.org](http://www.breastfeedla.org) or**

Complete this registration form and either  
**Fax** this registration form to (213) 596-5776, **OR**  
**Mail Registration Form and check(s)** Pay to:  
BTFGLA, 1821A Speyer Lane, Redondo Beach, CA,  
90278